

# Halton Age-Friendly Network

## Age Well - It's Up to You!

Empowering Seniors series

**Thursday**

**June 1<sup>st</sup>, 2017**

**9:30 - 11:30 a.m.**

*Doors open at 9 am*

Queen Elizabeth Park  
Community and Cultural Centre

~ Rehearsal Hall ~

2302 Bridge Rd, Oakville



Guest Speaker: **Dr. John Puxty**

Geriatrician, Associate Professor and Chair of the Division of Geriatric Medicine at Queen's University. Dr. Puxty has a primary interest in promoting healthy aging and effective care for seniors with a research interest in aging, chronic disease, knowledge mobilization and information technology.

**Registration is required:**

Online: [empoweringseniors10617.eventbrite.ca](http://empoweringseniors10617.eventbrite.ca)

Email: [info@burlingtonagefriendly.ca](mailto:info@burlingtonagefriendly.ca)

Phone: 1-855-395-8807 ext. 3

[www.burlingtonagefriendly.ca](http://www.burlingtonagefriendly.ca)

*Please advise if special accommodation is required.*